



Duration: 2 day – Theory and Practical

Course Size: Minimum – 6 /Maximum – 20 (participants)

Language: This course can be presented in Thai (ภาษาไทย) and English

Price 5,000 Baht per person (Not including Vat 7%)

Course Overview:

Falling from heights continued to be the biggest killer in workplaces and 90% of such accidents can be prevented. Throughout the years, many died or suffered serious injury as a result of falling from height at workplaces. All industries are exposed to the risks presented by falling hazard although the level of incidence varies considerably.

The course is designed to provide:

- An outlook of the legislation relating to work at heights & a guide to the options on how to comply
- A background in how equipment can be utilized to achieve this
- The details behind the equipment standards to ensure usage within the intended purpose
- Methods to be adopted for rescue operations with specialized equipment such as SKED Stretcher
- The course focuses on a high degree of practical training

Course Syllabus: Day 1

- What is Working at Height
- Legislation – Work at Heights Regulations
- Height and Safety at Work Act (UK)
- Workplace Safety and Health Act (Singapore)
- Steps Towards Risk Assessment
- Managing the Falling Hazard
- Methods Involved in working at Height
- Selection of Equipment & Inspection
- Basic Rescue System (lowering of casualty)
- Practical Session

Course Syllabus: Day 2

- Introduction to SKED Stretcher
- Methods for Handling Stretcher (unrolling & lay flat)
- How to Place a Casualty on the Stretcher (log roll method)
- How to Place a Casualty on the Stretcher (slide method)
- How to Position & Fasten Stretcher Straps & Buckles
- Horizontal Lift & Decent Methods
- Other Accessories, Removable Webbing Handles
- Backpack & Towing Harness
- Rolling up the Stretcher
- Optional Quick Connect & Quick Release Buckle Kit
- Practical Use of Pre Rigged Pulley System with Stretcher
- Practical Use of Tripod with Stretcher

